



How to Choose Fulbright Grant Type Brainstorm

1) Have you had research experience since high school in the field in which you would like to carry out your project?

Possible Examples: Have received research grant such as: Provost, Rose Hills, SURF or SOAR; Working on senior thesis; Enrolled in Directed Research 490x course; internship-related research; Problems Without Passports; Maymester, etc.

- If yes, consider a research grant. In the Fulbright application, under the *Preliminary Questions* tab, select the **Study/Research** grant. Indicate you are not seeking a graduate degree.

The screenshot shows the 'Preliminary Questions' section of the Fulbright application. The 'Preliminary Questions' tab is selected in the left sidebar. Under the 'Eligibility' section, the question 'Are you a U.S. Citizen or U.S. National?' has 'Yes' selected. The question 'Do you have a PhD degree or will you be awarded a PhD degree, excluding medical degree and J.D., before Tuesday, October 7, 2025?' has 'No' selected. Under the 'Award Type' section, 'Study/Research Award' is selected. The question 'Does your grant proposal include graduate degree enrollment at an institution abroad?' has 'No' selected.

2) Do you plan to pursue a graduate degree abroad in your field of study?

Possible Examples: Applying to a master's or doctoral program overseas, interested in enrolling full-time in a university abroad, aiming to deepen your academic or professional training through a degree program.

- If yes, consider an open study grant. In the Fulbright application, under the *Preliminary Questions* tab, select the **Study/Research** grant. Select "Yes" to indicate you are seeking a graduate degree.

The screenshot shows the 'Preliminary Questions' section of the Fulbright application. The 'Preliminary Questions' tab is selected in the left sidebar. Under the 'Eligibility' section, the question 'Are you a U.S. Citizen or U.S. National?' has 'Yes' selected. The question 'Do you have a PhD degree or will you be awarded a PhD degree, excluding medical degree and J.D., before Tuesday, October 7, 2025?' has 'No' selected. Under the 'Award Type' section, 'Study/Research Award' is selected. The question 'Does your grant proposal include graduate degree enrollment at an institution abroad?' has 'Yes' selected.



3) Do you have at least one semester of teaching experience since high school? Or, Are you currently enrolled (or have completed) a degree or minor in the Rossier School of Education?

Possible Examples: JEP, TA, Supplemental Instruction, alternative breaks, TIRP, coaching, tutoring, Troy Camp, volunteering in classrooms, Language Academy or International Academy language partner.

- If yes, consider an ETA grant. In the Fulbright application, under the *Preliminary Questions* tab, select the **English Teaching Assistant Award** grant.

[Home](#)
[Welcome](#)
[Preliminary Questions](#)
[Country & Award Selection](#)
[Personal Information](#)
[Contact Information](#)
[Program Information](#)
[Short Answers](#)
[Statement of Grant Purpose](#)
[Academic Information](#)
[Awards & Achievements](#)
[Professional Information](#)

Preliminary Questions

Eligibility

Are you a U.S. Citizen or U.S. National? *

Yes ▾

Do you have a PhD degree or will you be awarded a PhD degree, excluding medical degree and J.D., before Tuesday, October 7, 2025? *

No ▾

Award Type

Review the detailed information on Award Types and select the Award Type for which you intend to apply. *

Study/Research Award

English Teaching Assistant Award

Fulbright-Fogarty Fellowships in Public Health

4) How will research grant, graduate degree, or ETA impact your future professional career?

A clear connection should be made for why a Fulbright experience is necessary for your future work.



How to Choose Fulbright Country Brainstorm

Academic Reasons *Possible Examples: Does your major or minor focus on the world region or academic field you would like to study on Fulbright? Have you taken specific classes or conducted research on the country or region?*

Country Description Reasons *Some countries prefer applicants in specific fields of study or degree level. Do you meet the country preferences? Does your project align with the country's best interest so that they will invite you to spend a year with them?*

Language Reasons *Do you meet the language preferences of the country?*

Country Uniqueness Reasons *Possible Examples: Is there something historically, geographically, politically, economically or new and innovative about the country that pertains to your project? Why do you need to go to this country and nowhere else in the world? (ETAs should understand what is unique about the host country education system.)*

Time In-Country Reasons *Fulbright prefers exposing applicants to a new country to provide an exchange opportunity they would not have otherwise. Participating in a study abroad program will not work against applicants, but spending over a year in the country (within last 2 years) may begin to diminish competitiveness.*

Personal Reasons *Possible Examples: Is your family from the country? Did you grow up with an exchange student from the country?*

Country Statistics Reasons *For 2016-17, the UK received 933 applications for 44 placements, a 4% success rate. Germany received 377 applications for 140 placements, a 37% success rate. <http://us.fulbrightonline.org/statistics>*

Future Career Reasons *Will you work with the country's population once you return to the U.S.? Do you plan to have an international career?*

Additional Resources

- Use the [Awards Search](#) to help you narrow down and filter through all available awards based on country, language preferences, etc.
- Attend upcoming [Fulbright U.S. Student Program Events](#)
- Watch our [AHF Fulbright U.S. Student Program recordings](#), focusing on the breakout sessions. We recommend starting with the recent **Exploring/Undecided** breakout sessions if you are in the beginning stages of selecting the award type and country